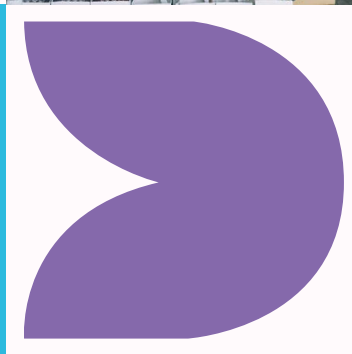
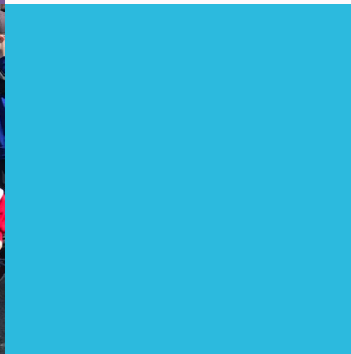
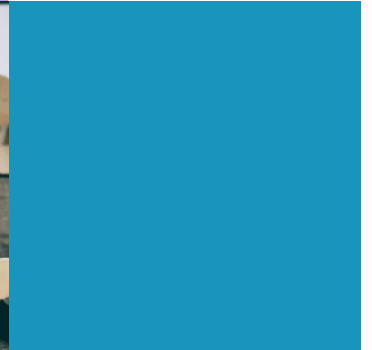
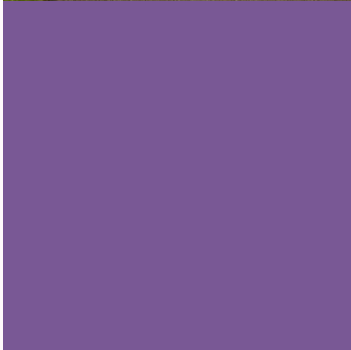
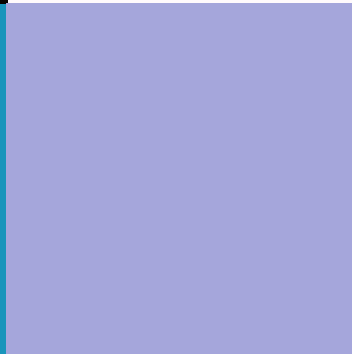


 **Airdrie & District**
HOSPICE SOCIETY
10
YEARS



10 Year Anniversary Annual Report

Community of Resiliency Executive Director & Board President

Our Volunteer Board teams are passionate about increasing awareness of the stellar work that Airdrie and District Hospice is doing in the communities we serve and highlight how we have grown over the past 10 years.

It has been a time like no other. Thank you to each one of our volunteers, board and committee members who have shown remarkable dedication during the COVID-19 pandemic. At Airdrie and District Hospice Society, we witnessed first-hand the pandemic's effect on family relationships, financial stability, work life balance, mental and physical health, and the growing loss of control over so many things previously taken for granted. As a result, our volunteer teams pivoted to support our clients and families through telephone and errand support for families and online programming for our Grief support programs for Adults and Children. We also made a successful shift to virtual events. Our annual Hike for Hospice event provided a fun way for participants to hike virtually throughout the

Month of May, Virtual Tree of Hope event in December 2020 and our Humour for Hospice Inaugural event including an online auction in 2020. Despite the challenging times, Hospice Airdrie adapted and evolved to meet growing needs: We experienced an increase in our more rural community's participation in grief & bereavement services. We provided funding to over 20 individuals in 2021 through our Compassionate Care fund. We continue to learn and live through the pandemic, and we are also planning to carry some of these innovations forward in the future. Our challenges have helped us grow stronger, more resilient, and resolute in our commitment to supporting our clients and families who are chronically ill and at end-of-life. Our team could not have so effectively responded to the many challenges of this past year without the support of our donors. Your compassion and generosity sustained our mission this year, enabling us to meet the growing needs of our clients.

With appreciation,



Lise Blanchette

**Lise Blanchette,
Executive Director**



Daria Skibington-Roffel

**Daria Skibington-Roffel,
Board President**

2010 – 2011

Headlines

Local group is thinking outside the Box

Airdrie Society Pioneering Community Palliative Care

New Hospice Society Making Early Impact



In 2010, a group of residents and professionals came together with the common goal of helping people live until they die to form a Hospice society. They stated there is more to Hospice than “brick and mortar” to work on a community solution to improve quality of life.

Our Vision: “No one Dies Alone.”

- Airdrie & District Hospice becomes a Society under the Societies Act.
- Approval of the Society By-laws.
- First Elected Board May 2011.
- November 2011 First Strategic planning session.

2012

Headlines

**A Community of Compassion
Airdrie and District Hospice
Society looking to implement a
community model of support**

Grief workshop coming to Airdrie

**AHPCA Roadshow Comes to
Airdrie.**

- Developed the Airdrie and District Hospice Society Policies.
- Received our first official donation of \$1000 from the CWL of St Paul's .
- First Hike for Hospice – Creating Awareness for National Hospice Palliative Care.
- Launching of Community Education Sessions on grief and bereavement, special session on how children are affected by grief and how to cope with the holidays after the loss of a loved one.
- Hosted the Alberta Hospice Palliative Care Association Roadshow Spring of 2012 "Talking About the Tough Stuff"
- Created our first Logo and First Pamphlet.



Talking About the Tough Stuff **AHPCA**
ALBERTA HOSPICE PALLIATIVE CARE ASSOCIATION

Please join the Alberta Hospice Palliative Care Association in a full day workshop. You will learn about difficult conversations and open communications between people living with a life threatening illness and their families, friends and health care providers.

Maintaining relationships while ensuring the tough stuff is talked about is challenging. Communication is such an essential part of providing compassionate care at the end of life. Dealing with uncomfortable feelings, concerns and questions about advance care planning helps prevent a "contract of silence" between the patient, their family and caregivers.

Workshop Fee includes lunch:
\$ 10.00 for AHPCA Members
\$ 55.00 for general public
(Includes AHPCA Membership)

Who can participate:
Open to anyone who wants to learn more about end of life conversations including lay people, volunteers, informal caregivers, and health care professionals.

For more information, and to register, visit the AHPCA website at www.ahpca.ca

AIRDRIE
Wednesday October 3/12

Genesis Place Recreation Centre 9:00 am-3:30 pm
Registration and Coffee 8:30 am
Host: **Airdrie and District Hospice Society**
Local contact: **403-880-0424**
Please register online at www.ahpca.ca

alberta hospice palliative care association
1240-75 Street S. Calgary, Alberta T2B 2B3 PH: 403.276.9739 ahpca.ca

**AHPCA
Roadshow
comes to
Airdrie.**

2013

Headlines

Children's Grief Impact on Learning and Social Life

- Hospice Society provides end-of-life support
- Tree of Hope pays tribute to lost loved ones at festival.
- Airdrie & District Hospice Society holds event for kids and parents at BGCA (Children's Healing Circle) drumming through grief. Airdrie and District Hospice Society to host workshops on dealing with grief.
- Speakers' series brings awareness to End-of-Life Issues.
- Hospice Society offers free speakers' series about grief.
- Mayor and council declare National Hospice Week.
- Hospice Tree of Hope

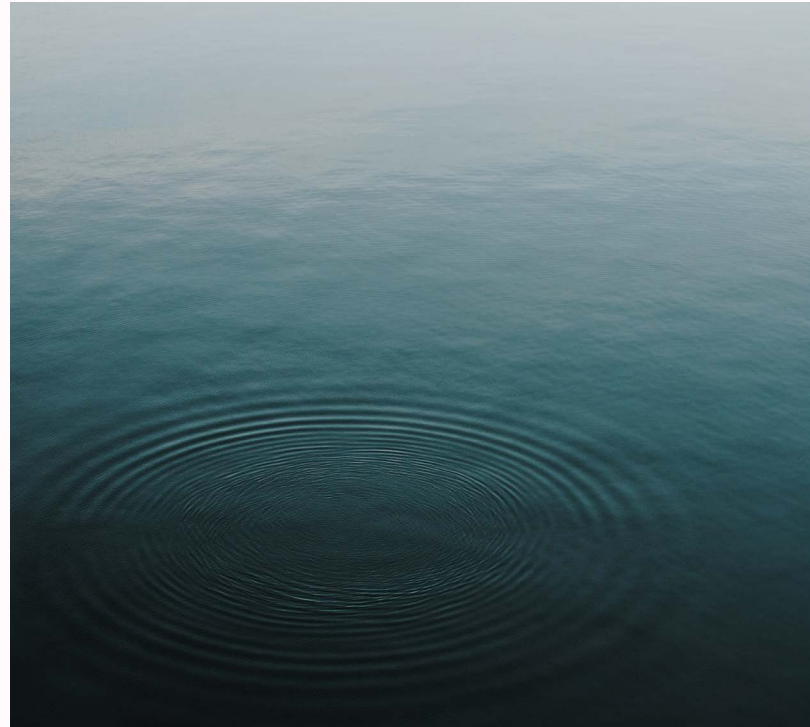


2014

Headlines

Airdrie Hospice Society hosts workshop in Airdrie next week

- AHPCA Roadshow "Take a deep breathe take care of you" over 100 participants from Airdrie and area participated.
- Compassionate Care Companion Program Launched to provide respite for families with life limiting illnesses.
- Created the Airdrie and District Hospice Society Twitter Account.
- Developed Volunteer Policies.



2014 Hike for Hospice

2015

Headlines

Free Session to Explore Pet's Grieving Process

ADHS workshop to help grieving friends

Hike for Hospice Stampede Style

Coping with Loss During the Holidays

Tree of Hope to Serve as Tribute during Holiday Season



- We changed our Hike for Hospice from May taking into consideration Mother Nature's fickle weather to "Stampede for Hospice" in July of 2015.
- Created the Airdrie and District Hospice Society Facebook page @airdriehospice.
- Board engaged with Alberta Culture Community Development
- Worked Collaboratively with Calgary Cummins's School of Medicine

2016

Headlines

Supporting Airdrie Hospice Stampede Style

Completed the Airdrie & District Hospice Community Capacity Development Research Study

Hike for Hospice Stampede Style

- Society Community Engagement Report with the University of Calgary, Cummin’s School of Medicine.
- Adopted the Compassionate City Charter written by Alan Kellehear.
- Participated in a research study title: Community capacity development to enhance hospice palliative care in Alberta with the University of Alberta and the University of Calgary
- Created the Instagram Account for Airdrie Hospice



2016 DeSonus Concert

DeSonus is a Charity Event started in 2015 that is tackling philanthropy in a different way. Rather than being affiliated with one or two causes over its lifetime, DeSonus is a brand unto itself that takes on multiple causes every year and is dedicated to Humanity. The name DeSonus means to change the world through music.

2017

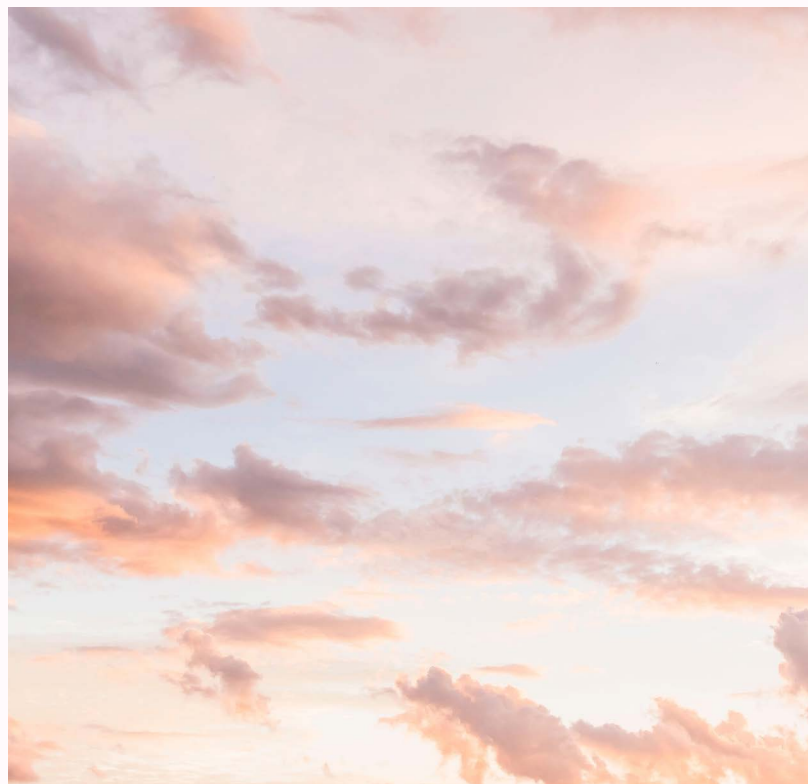
Headlines

Building A Hospice One Step at A Time

Hiking to Bring Awareness to End of Life Care

Airdrie & District Hospice Society and the Festival of Lights partner for the Tree of Hope

Tree of hope campaign launches



- Moved our Hike for Hospice to May to highlight National Hospice Palliative Care Week.
- University of Alberta Dr. Kyle Whitfield and University of Calgary Dr. Martin La Brie present a summary report on the study conducted. May 23rd, 2017.
- Worked with the Rural Palliative Care Directorate Rural Hospices working together.
- Hired our first paid staff a Service Coordinator.
- Re-developed the Airdrie Hospice Web Site.

2018

Headlines

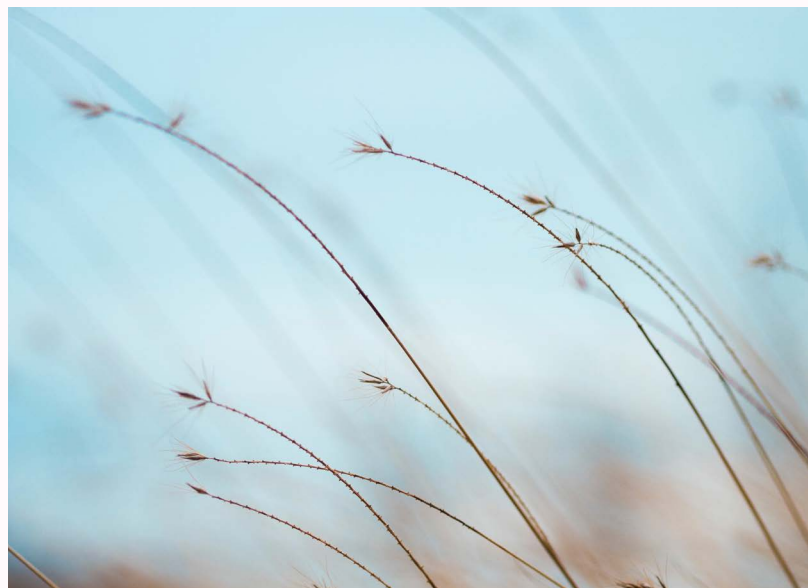
Airdrie Hospice Lighting Their Tree of Hope

Fifth annual Hike for Hospice planned for May

ADHS Receives \$10,000 donation from 100 Women Who Care

ABC Annual golf tournament to raise funds for ADHS

Hospice Society aims to comfort families during the holidays



- Airdrie Hospice Society, Hospice Rural Directorate and Alberta Health Services held an envisioning day in Airdrie. The goal of the day was for the rural communities, hospice societies, AHS staff and front-line leaders and other stakeholders to identify five top ideas of change to better support people who are at end of life in the Calgary rural zone.
- Ladies out Loud held “Calendar Girls” The story of a husband who dies early from leukemia and how she wanted to purchase a sofa for the visitor’s lounge where he was treated. The sold-out event was held at Bert Church Theatre. Calendars were sold in support of families in our community through the Compassionate Care Fund.
- Launched our “Cooking for One” program in partnership with the Airdrie Food Bank.



Golfing for a Purpose for Hospice



A community that cares

2019

Headlines

Airdrie and District Hospice Society seeks Volunteers

Hike for Hospice to support local care initiatives

Tree of Hope memorializes Airdrie's recently passed

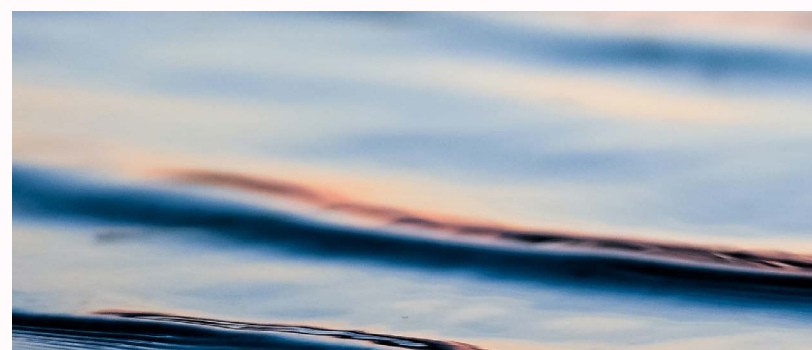
Annual golf tournament supports Hospice Society

- Hospice Society to host cooking course and open house.
- Cooking for one after a loss
- Heart to Heart with Airdrie Hospice
- Hiking for Hospice, Hiking for Hope
- Presented at the Municipal Health initiative Stake Holders meeting at City Hall.
- Collaborated with the Airdrie Community Physicians Association.
- We dissolved the Service Coordinator position.
- We hired our first Executive Director March 31st, 2019
- Created Committees of the Board and Society
- Presented our first formal Annual report



Before I Die September Fest 2019

Before I Die is a global participatory public art project that reimagines our relationship with death and with one another in the public realm. Originally created by artist Candy Chang in New Orleans after the death of a loved one, the public artwork invites people to reflect and share their personal aspirations in public.



2020

Headlines

Go for a virtual hike during National Hospice and Palliative Care Week

Hospice society holds virtual hike

Grief support program available for Airdrie Teens

Local grief support program moves online

Hospice Society received \$6,600 donation from 100 Women Who Care.

Grief Support Available for Teens

Hospice Society offers new grief support program for teens



- Trained a total of five Children's Grief Facilitators
- Launched a Virtual twelve-week Teen Grief Program November 2020 with the Rainbows for all Children Canada Curriculum
- Redesign of Hospice Website with a generous donation working with Alchemy Communications Inc.
- Redesigned a more modern Logo and a 10 anniversary Logo
- Launched our first Virtual Hike for Hospice
- Launched a Virtual eight-week Grief program for Adults
- May of 2020 due to Covid we had to restructure again and reduced the Executive Director position to part time.





2020 Airdrie Chamber of Commerce Picnic in the park



Grief Support Program for Airdrie Teens



2021

Headlines

Airdrie and District Hospice Society makes change to Adult Grief Program

Virtual Hike for Hospice is about to Kick off

Grief support program for Airdrie youth returns

Airdrie Hospice Society Hosts comedy night and online Auction

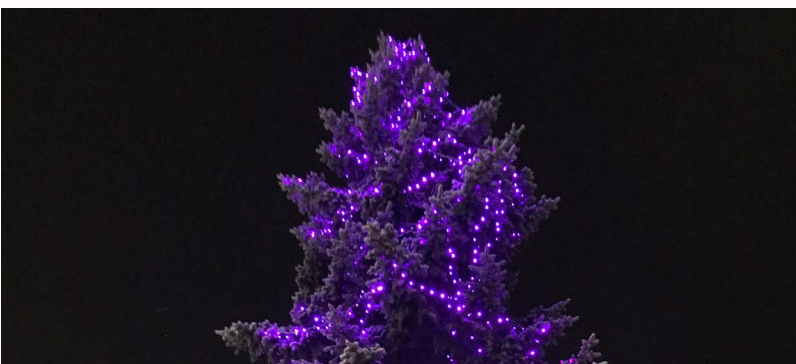
Hospice Society's Hike for Hospice to launch Virtually May 2nd

Airdrie & District Hospice Society celebrates 10 year anniversary

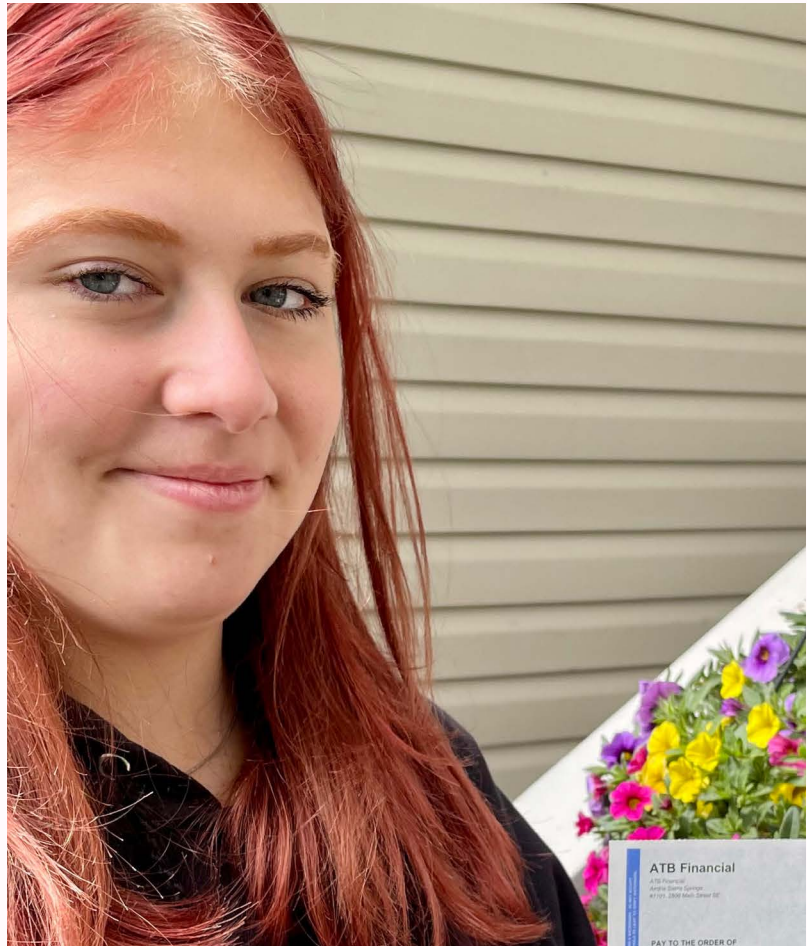
Airdrie Youth Manages to Raise \$1820 for Airdrie Hospice Society



Daria Skibington-Roffel, Lise Blanchette and Mayor Peter Brown (Retirement presentation for Lise Blanchette)



2021 Virtual Hike for Hospice




*Humour
for
Hospice
with Jebb Fink*

**Get a Laugh.
Give Hope.**

February 14, 2021
at 7:00PM



Humour for Hospice 2021

Our first comedy event featured the award-winning host and comedian Jebb Fink. Born in Los Angeles and now living in Calgary, Jebb's career highlights include performing and writing for the "Just for Laughs" comedy festivals, as well as co-creating and co-writing the Gemini Award winning comedy "An American in Canada" for CBC. Proceeds from the event will support the Society's palliative services and grief programs in Airdrie and area.

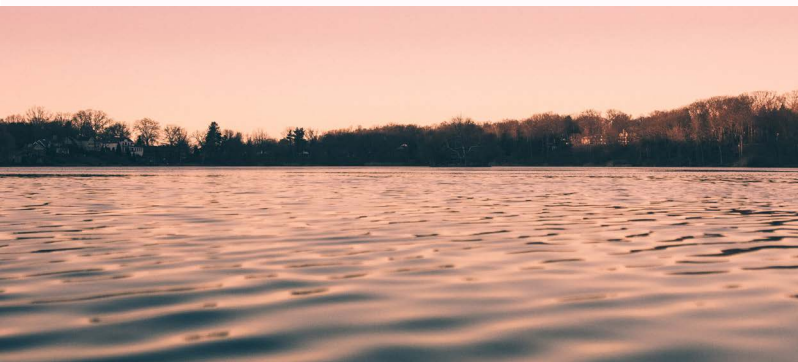
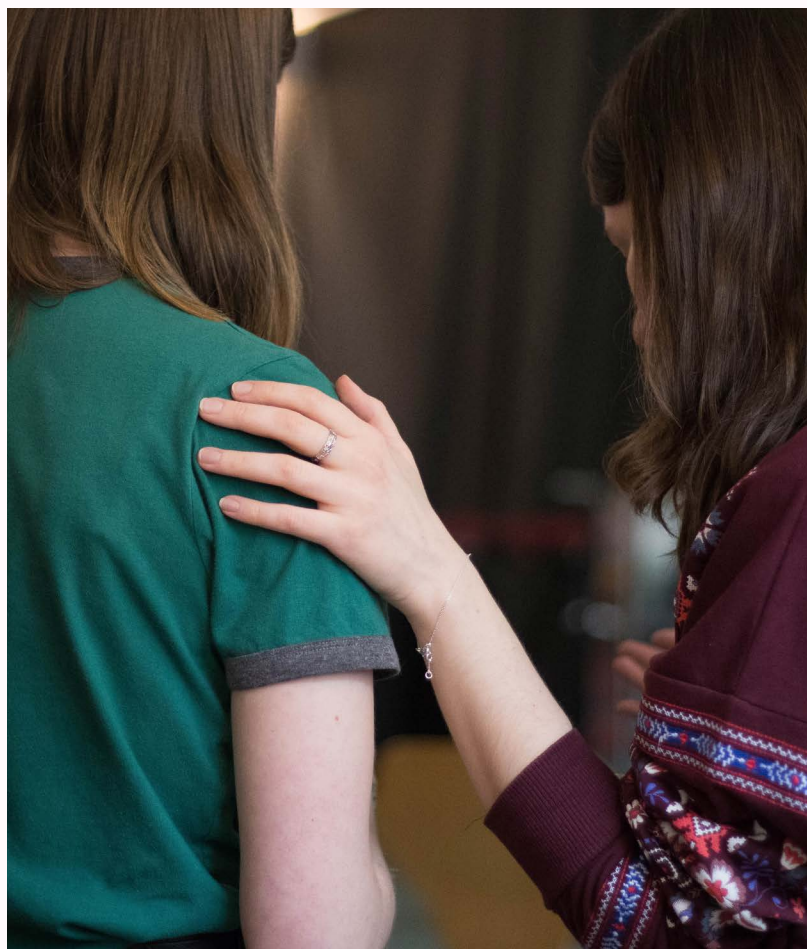
Partnership with Alberta Hospice Palliative Care Association

What is Living Every Season?

The Living Every Season (LES) program provides support to adults and their caregivers who are facing the challenge of living with a life-limiting illness. It is a safe, confidential social setting that allows all participants to be authentic, knowing that everyone has both sunny days and rainy days. The program is designed to help participants feel less isolated by joining an empathetic community.

The program is led by the LES Volunteer Facilitator (facilitator) who is trained in the program content and knowledgeable about community resources. Group support allows participants to share concerns and coping skills. The LES program gives participants a regular event to look forward to while providing respite time for their spouse or caregiver.

The LES In-Person Program is designed to give flexible, high-quality support to meet the needs of each community and its participants. Modifications are considered and the topics for programming are endless.



Airdrie and District Hospice Society Founding Members

- Allan Goodfellow
- Doug Lynch
- Laura Noble
- Kelly Hegg
- Wendy Timmermans
- Trenton Beday
- Lynda Barker
- Dr. Martin Labrie Consultant

Inaugural Board of Directors Elected on May 09, 2011

- Allan Goodfellow
- Wendy Timmermans
- Michele Gray
- Kelly Hegg
- Doug Lynch
- Lynda Barker
- Lise Blanchette
- Karen Boccabella
- Tim Elliot
- Pat Elliot
- Trenton Beday
- Barb Hinger

2021 Board of Directors

Daria Skibington-Roffel
President

Lynda Hemsworth
Vice President

Maggie Smith
Secretary

Cathy Buchanan

Wendy Timmermans

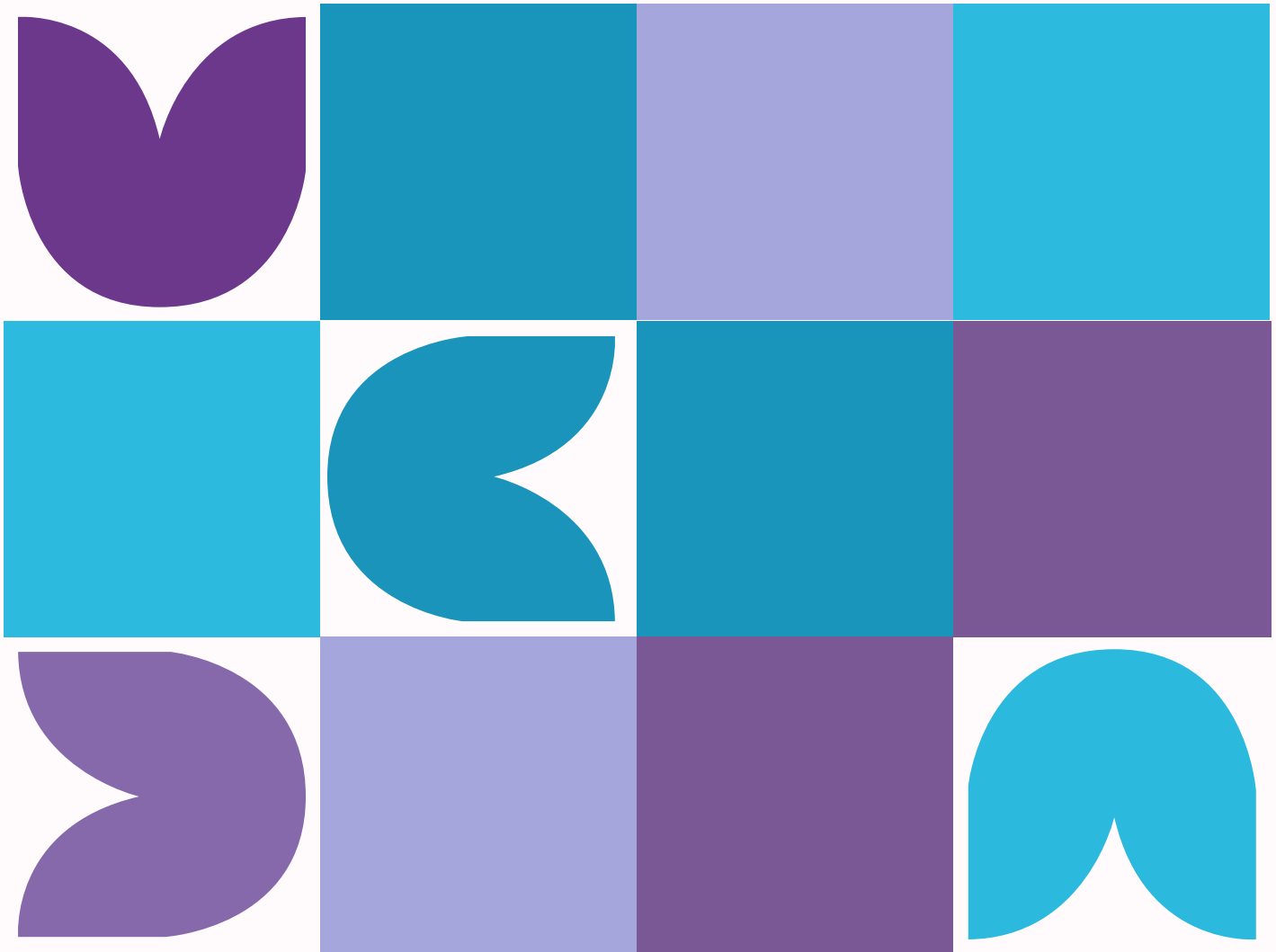
Dr. Phillip De Waal

Terri Stephens

Maggie Smith

Kelly Hegg

Lise Blanchette
Executive Director



Airdrie and District Hospice Society

Box 70014, Creekside RPO
Airdrie, Alberta T4B 0V9

Email: Contact@airdriehospice.ca

Phone: 403 880.0424

CRA Charitable Number: 822140406 RR001

Please support us by donating.